



Bharat Ratna Late Shree Atal Bihari Vajpayee Memorial Medical College, Rajnandgaon, Chhattisgarh
Foundation Course for MBBS students (2019 - 20 Batch) August 2019

:- Instructions :-

All new students are required to follow these instructions :

1. Occupy seat 15 minutes before.
2. During the session, students are not allowed to leave the hall.
3. Mobile phones are not allowed in session.
4. Students must wear apron with casual dress.
5. Students have to maintain the peace and integrity in college.

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
01-08-19	Welcome by all first year faculties	Address by The Dean	Intro: The Medical Profession by Medical Superintendent	Break	Overview of MBBS course (Physiology)		Lunch Break	Intro of the students ALL DEPT		Break	Intro of the students ALL DEPT
02-08-19	Experience of senior students of 2nd MBBS and Final Year MBBS	Pre- foundation course Assessment	Orientation of students: Rules and regulations Facilities - About the college	Break	University rules for Exams, Attendance et al. (Centre Superintendent)	Why to choose medical profession	Lunch Break	Medicine- The art and science of healing	What is a Hospital? DMS	Break	Students Corner: Question and answer session
03-08-19	Ragging - Rules and regulations ARC	Introduction to Pre- Clinical Subjects (By Senior faculty of respective departments of 20 minutes each)		Break	visit to Pre-clinical departments (Group A, B and C) (By Demonstrator/ Assist Pro)		Lunch Break	English / Chhattisgarhi Language/ Computer skills		Break	Celebration of Breast- feeding Week – Poster making and slogan writing PSM
1. Cadaver : Your first teacher in medical field--Anatomy											
2. -Biochemistry											
3. -Physiology											
4. -Microbiology											
5. -Forensic											
6. -Pharmacology											
7. – Community Medicine											
8. Pathology											

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
04-08-19	Sunday										
05-08-19	Role of a doctor in Society (PSM)	Expectation of student from society , teachers (PSM)	Children and Medicine (Pediatrics)	Break	The Life Begins Here (Obs /Gyn)	Overview to Vision (Ophthalmology)	Lunch Break	English / Chhattisgarhi Language Computer skills	Break	Sports	
					The Mind and Querries (Psychiatry)	Overview to ENT (ENT)					
06-08-19	History of Evolution of Medicine	Community health	Primary health care (PSM)	Break	Role of surgeon(Surgery)	Brief idea about radiology(Radio)	Lunch Break	English / Chhattisgarhi Language/ Computer skills	Break	Sports	
					Bone and Joint surgery(Orthopedics)	Basics of skin diseases(Dermatology)					
07-08-19	Health care delivery system In India (PSM)	National Health Programs (PSM)	Break	Dental care (Dentistry)	Lung diseases (TB CHEST)	Lunch Break	English / Chhattisgarhi Language/ Computer skills	Break	Mentorship session		
				(Blood Bank)	(Anasthesia)						
08-08-19	Campus and Hostel visit (Pre-clinical faculties)		Campus and Hospital Round (Group A, B & C) * 1. OPD Block, 2. IPD Block, 3. Teaching Block and Campus including Hostels (All three groups will rotate accordingly. The Pre clinical dept Demonstrator/AP will accompany students)			Lunch Break	English / Chhattisgarhi Language/ Computer skills	Break	Sports		

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
09-08-19	Doctor as a Leader (PSM)	Medical etiquettes And Life (PSM)	Patient as a teacher (Medicine)	Break	Experience of a Doctor (Medicine, Surgery & Gynaec)	Medical practice & problems (Medicine, Surgery & Gynaec)	Lunch Break	English / Chhattisgarhi Language/ Computer skills	Break	Debate on health care system in India	
10-08-19	Ethics and professionalism, Institutional Ethics Committee (Pharmacology)	Unethical behavior & unprofessionalism- Consumer Protection Act (FMT)	Medical negligence Medico legal cases, Indemnity Insurance (FMT)	Break	Violence against doctors (Medicine and Surgery)		Lunch Break	English / Chhattisgarhi / Computer skills	Break	Sports	
11-08-19	Sunday										
12-08-19	Govt. Holiday										
13-08-19	Doctor as Researcher & ICMR-STC (PSM)	Doctor as a manager (PSM)	Doctor patient relationship (Medicine)	Break	Expectation of society from a doctor (PSM & Medicine)	Communicable Diseases (PSM)	Lunch Break	English / Chhattisgarhi Language Computer skills	Break	Sports	
14-08-19	Yoga and healthy life style (Physiology)	Nutrition – and Students (Dietician)	Group Dynamics & team Leader (Medicine)	Break	General knowledge & Modern Science (Medicine)	Management & Team work (PSM)	Lunch Break	English / Chhattisgarhi Language Computer skills	Break	Sports	
15-08-19	(Independence Day) Independence day celebrations/ Acting/ Dance / Instrument plying										
16-08-19	Concept of Generic medicines (PSM)	Nursing care – (Senior Matron)	Social stigma and cultural factors influencing diseases (PSM)	Break	How to interact with seniors, faculty, other staff & patients (Pre, Para & Clinical faculties)		Lunch Break	English / Chhattisgarhi Language Computer skills	Break	Sports	

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
17-08-19	How to Handle Stress and study (Physiology)	Art of History taking (Medicine)	Communication skills in Medicine (Medicine)	Break	Tradition in medical profession (Medicine)		Lunch Break	English / Chhattisgarhi Language/ Computer skills		Break	Sports
18-08-19	Sunday										
19-08-19	Time Management skills (Biochemistry)	Patient and biochemistry (Biochemistry)	Investigation and reporting (Biochemistry)				Lunch Break	English / Chhattisgarhi Language/ Computer skills		Break	Discussion on modern investigation (Pathology Microbiology Biochemistry)
20-08-19	Library Skills, teaching methods and medical software (Librarian and PSM)	Study skills – Tips for better study style (Anatomy and Physiology.)		Break	Where to look for data in health?: Use of online resources in medical field (PSM)		Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports
21-08-19	1. Visit to subCentre and rural centre Group A Demonstrators and Assistant Prof) group B VISIT TO RURAL CENTRE C VISIT TO PHC			Break	Epidemiological Management (Epidemiologist)		Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports
22-08-19	2. Visit to subCentre and rural centre Group A Demonstrators and Assistant Prof) group B VISIT TO RURAL CENTRE C VISIT TO PHC			Break	Interview with ANM /ASHA/ Para medical staff (MPW, RT worker& PSM)	Health &immunization (PSM)	Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Debate (Current Health Issue and available facilities)
23-08-19	3. Visit to subCentre and rural centre Group A Demonstrators and Assistant Prof) group A B VISIT TO RURAL CENTRE C VISIT TO PHC			Break	Gender sensitization & Sexual Harassment (Gender harassment committee)		Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
24-08-19	Govt. Holiday										
25-08-19	Sunday										
26-08-19	Role of Anesthesia, Medicine, Surgery in basic life support (Anesthesia, Medicine, Surgery)			Break	Learning and skills (PSM & Biochemistry)		Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports
27-08-19	Emergency investigation in Pathology, Microbiology & Biochemistry (Pathology, Microbiology & Biochemistry)			Break	Bio-safety and Bio Medical Waste Management (Microbiology)	Universal Precautions and Vaccination (Microbiology)	Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Yoga (Physiology.)
28-08-19	Visit to Anganwadi (Demonstrators & staff of PSM)	Emergency and Referral (Medicine & Surgery)		Break	Future after MBBS (PSM)		Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports
29-08-19	Visit to hospital Kitchen, Physiotherapy, Immunization clinic, Central Lab (Patho&Paediatrics) BATCH A	Visit to Mortuary, (FMT) BATCH B	Visit to MRD, Central store, Laundry , Central Workshop (Pharmacology) BATCH C	Break	Mental Health Of Students (Psychiatry)	Medicine and Law-Interaction with an Advocate (Advocate)	Lunch Break	English / Chhattisgarhi Language Computer skills		Break	Sports
30-08-19	Visit to hospital Kitchen, Physiotherapy, Immunization clinic, Central Lab (Patho&Paediatrics) BATCH B	Visit to Mortuary, (FMT) BATCH C	Visit to MRD, Central store, Laundry , Central Workshop (Pharmacology) BATCH A	Break	Importance of Reporting, Documentation (FMT)	Medico legal cases, Police information – Interaction with a Police officer (FMT)	Lunch Break	National Health Mission (DHO)	Malaria & Jaundice (CMO)	Break	Student interaction

Time:	9:00 –9:45	09:45-10:15	10:15-11:00	11:15: AM to 11:30: AM	11:30: AM to 12:15: PM	12:15: PM to 13:00 PM	13:00 PM to 13:45 PM	13:45 PM to 14:45 PM	14:45 PM to 15:45 PM	15:45 PM to 16:00 PM	16:00 PM to 17:00 PM
31-08-19	Visit to hospital Kitchen, Physiotherapy, Immunization clinic, Central Lab (Patho & Paediatrics) BATCH C	Visit to Mortuary, (FMT) BATCH A	Visit to MRD, Central store, Laundry , Central Workshop (Pharmacology) BATCH B	Break	Body donation and cadaver (Anatomy)		Lunch Break	Post foundation Assessment Feedback from students		Break	Closing Ceremony (All faculties of pre & para-clinical subjects)
01-09-19	Prepared By All Faculty, Preclinical Department BRLSABVM Medical college Rajnandgaon					Skill modules 35 hrs Professional development including Ethics 40 hrs Field visits 8hrs Language /computer 40 hrs Sports 13 hrs Extracurricular activities 09 Hrs.					